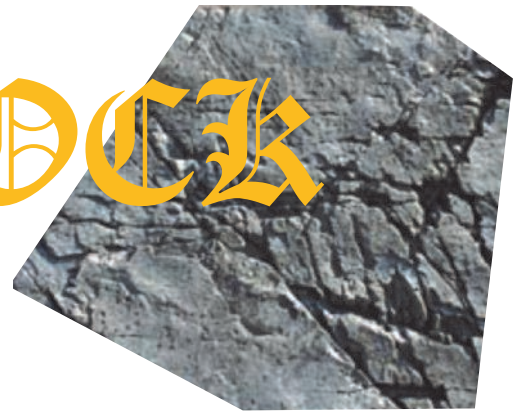




Anglican Parish of
Cabersham Saint Peter,
Dunedin, New Zealand

THE ROCK

April 2023—Eastertide



Importance of roots

By The Vicar

I know that over the last year I have used a lot of garden analogies and it's because I am intrigued by the diversity of plants and their uses. As a child I experienced both temperate and alpine climates, picking passionfruit off my grandmother's vine and lying amongst majestic lupins. Each climate had its various seasons of growth and dormancy, but the promise of life was always there.

I found the most difficult times were the months and years of drought. Watching animals and plants die, seeing dams and creeks dry to dust and not knowing when the rain would come. Most of us can appreciate the concept of seasons and cycles, however we tend to struggle with the unpredictable and harsh reality of difficult times.

The Psalms and Lamentations voice the pain, frustration and confusion which happen when humans fail to recognise that God is ultimately in control and does know what is happening.

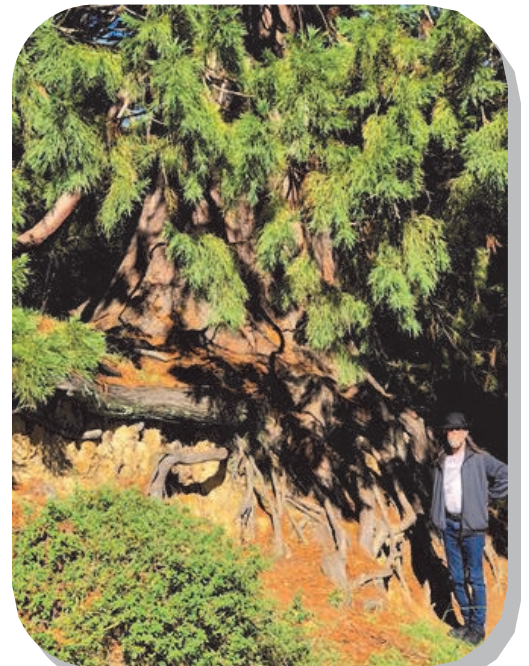
We look at life with eyes which grown dim very quickly and perceive things with minds of mortals. We look at large trees and wonder at their ability to live hundreds of years, yet fail to grasp that they too are transient in this creation. There is a tree in the Dunedin Botanic Garden which has its roots exposed yet is firmly anchored into the surrounding hillside. Despite the circumstances it continues to grow.

Christ's Church has experienced two millennia of changes and cycles, droughts and times of growth. The reason it continues to exist is because its roots are firmly

embedded in creation and the relationship we have with God. Once we see that God is the only constant, we begin to relax into the ebb and flow of life and faith.

The mountains of trouble and the deserts of weariness we face are the result of the seasons and cycles of this world. Christ's death on the cross exposed the roots of humanity's selfish and capricious nature, but his resurrection confirmed God's eternal love for us. Faith in Christ's resurrection sustains us on our journey through life.

Christ said, "For truly I tell you, if you have faith the size of a mustard seed, you will say to this mountain, 'Move from here to there' and it will move; and nothing will be impossible for you." (Matthew 17:20-21) I pray that we nurture our mustard seeds of faith and learn that the ups and downs we experience can strengthen our faith as we cling to the bedrock which is God. 📖



"There is a tree in the Dunedin Botanic Garden which has its roots exposed".

PHOTO.: SUPPLIED.

YOU CAN HELP

Several people have inquired how to contribute to costs involved in producing *The Rock*. You can make a payment to Saint Peter's bank account 06-0911-0008804-00 with the ANZ Bank. Donations of over \$5 per year qualify for a tax receipt. Be sure to identify yourself consistently so multiple donations can be accumulated correctly.

Readers of our historic magazines will realise this is not an altogether new idea. Early magazines regularly included a note of donations to the "magazine fund"—not a practice we intend to follow in this modern age! 📖

www.stpeterscaversham.org.nz

A Priest's tale

Part 5: A very different place

By Archdeacon Bernard Wilkinson

The church in to which I was ordained fifty six years ago is a very different place to what it was and you may be interested to read of some of the changes I have seen.

- ♦ *A new Prayer Book.* After three hundred years of constant use, the Anglican Church in different countries has produced its own book. Travellers will know that no longer is a *Book of Common Prayer* put into your hand when you visit a church overseas

- ♦ *The ordination of women.* After years of contention and some very heated Synods, the church has at last agreed to ordain women



A MOW cartoon. LSE.

SOURCE: BLOGS.LSE.AC.UK.

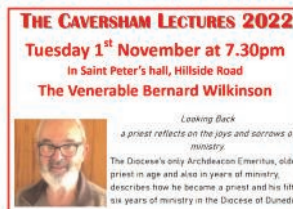
- ♦ *The remarriage of divorced persons in church.* No longer does the failure of an earlier

marriage debar people from a fresh beginning

- ♦ *The rise of the lay celebrant.* No longer can we expect weddings and funerals to be conducted by clergy, or in a church. Polytechnics now offer courses for those who wish to be classed as celebrants. The result of this has been a huge drop in the number of weddings and funerals in which ordained clergy are involved
- ♦ *The closure of many churches.* In our diocese I can list Clyde, Omakau, Waipiata, Oturehua, Hampden, St John's Invercargill, St Aidan's Invercargill, Milton, St Thomas' Pine Hill, St Anne's Kaikorai and others
- ♦ *Parish staffing.* It seems a rarity now, instead of usual practice, for newly ordained clergy to be appointed to parishes as curates. And in many dioceses there are long lists of vacant parishes
- ♦ *The disappearance of Sunday Schools and Bible Classes* as we knew them. Law changes to Sunday observance have had an enormous impact on church life
- ♦ *Music.* Time was when most parishes had their own choir—we even had choir competitions. Today there are few parish churches with choirs
- ♦ *Social work.* The Anglican Family Care centre has

Archdeacon Bernard Wilkinson got the 2022 Caversham Lectures under way with recollections from his fifty-six years of ministry.

We thought the story would interest a wider audience, so published this condensed version over recent editions. This is the final part.



been a caring arm of the church since being founded by Bob Walton

- ♦ *The decline in resource people.* When Dunedin was the leading city of New Zealand, leaders of business were often found in leadership positions in the church—especially at the Cathedral. But the number of businesses closing or transferring north has had an impact on church membership
- ♦ *Financial management.* There was a time when parishes elected a Treasurer at their AGM. However, increasing Government regulations and requirements have meant this seems no longer a job even for capable laypeople
- ♦ *Church lay-out.* There was a time when altars were against the east wall and the celebrant stood at the altar with his back to the congregation. Not now.

Some of these changes have been for the better, some have not. You may be able to think of others.

I have enjoyed writing these reflections—I hope you have enjoyed reading them. Long live Saint Peter's Caversham! 🇳🇿



An undated, but probably circa 1930, photograph of Saint Peter's choir. Bill Hodgson (see page 4) is in the second row of boys, third from the left. His brother Jim is in the same row, last on the right.

PHOTO.: COURTESY TONY EYRE

David Horne R.I.P.

David Horne was born in Dunedin, trained at Teachers College and taught in various schools in Otago, Southland and Westland before retiring early to care for his mother.



He was an interesting contrast. A committed Christian, set in his ways, small c conservative, member of many (35!) organisations on the one hand and an intrepid international traveller on the other.

He belonged to an exclusive club of people who have visited 100 countries. David did a lot better than that, having stepped foot on 303 leaving only nine more to see. One evening at Evensong and Benediction at Saint Peter's he mentioned he would not be at the next service as he was going to a meeting of the club and would be away for four days. Wellington? Auckland? No—Madrid just for the weekend.

A long time member of the congregation at St Michael's in Anderson's Bay he attended services regularly at Saint Peter's and at All Saints. Saint Peter's was privileged to care for him during his terminal illness and he found great comfort in being at Radius Fulton for the last few weeks of his life.

David always wore a jersey of the correct liturgical colour and worshipped God and found peace and companionship in church.

He was very organised and if he could have pre-arranged where he would die might well have chosen where it happened—a church on a Sunday. ☑



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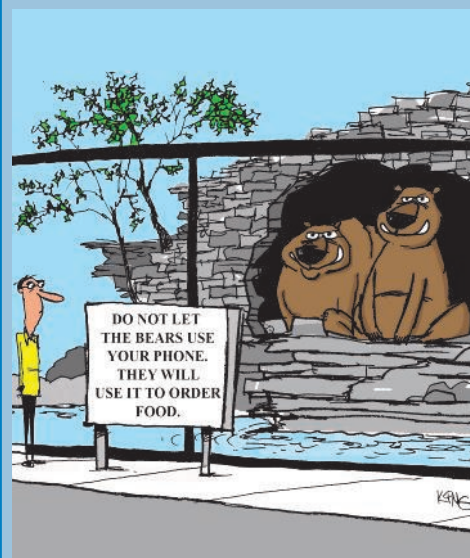
New vestry

The following were elected to Saint Peter's vestry for the 2023-2024 year :

- ◆ Alex Chisholm (People's Warden)
- ◆ Ken Ferguson
- ◆ David Hoskins
- ◆ Stephen Lighton
- ◆ Raylene Ralston
- ◆ David Scouler

Vicar's Warden is Jenny Maffey. ☑

The Frolicsome Friar



SOURCE: WWW.HOWTOGEEK.COM..

Letters

The Rock welcomes letters to the Editor. Letters are subject to selection and, if selected, to editing for length and house style. Letters may be :

Posted to : The Editor of The Rock,
c/- The Vicarage, 57 Baker Street,
Caversham,
Dunedin, N.Z. 9012

Emailed to: TheRockEditor@stpeterscaversham.org.nz

Ask The Vicar

For answers to questions doctrinal, spiritual and liturgical.

Write to: Ask The Vicar, c/- The Vicarage as above

Or email: AskTheVicar@stpeterscaversham.org.nz

ASK THE VESTRY

Questions about the secular life and fabric of the parish may be:

Posted to : Ask The Vestry, c/- The Vicarage as above

Emailed to: AskTheVestry@stpeterscaversham.org.nz

FUN TO COME



**THURSDAY,
22 JUNE :
MOVIE NIGHT
WITH SOUP
AND CHEESE
ROLLS**

**SATURDAY,
8 JULY :
HIGH TEA**



Times and places to be advised

New thinking aids parish coffers

A recent addition to the Saint Peter's family, Prue Paterson has a novel idea for bolstering parish funds. She will donate to Saint Peter's the proceeds from two hours' of professional consultations on two days per week.

Prue is a registered nurse and holds additional qualifications in the fields of nursing, massage and personal care. After over 30 years working as a nurse, massage therapist and care worker in hospital, community and private practice, Prue says she can provide care, decluttering and spring cleaning of body, mind and spirit and a sympathetic ear. 📧

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Prue Paterson R.Comp.N., Dip. Mass. T

'phone: 021 1356 895. email: pruepg@gmail.com

PARISH GARAGE SALE

Saturday May 27
10am till 1pm.

Goods for sale are most welcome and can be left at the vicarage. Please contact Natalie or Dan on 455 3961

Enduring legacy

Some stories take on a life of their own and attract interest over many years. One such is that of Flying Officer William Henry Hodgson, who is memorialised in one of the windows in Saint Peter's.

In September 2009, the *Otago Daily Times* told the Hodgson story.

<https://www.odt.co.nz/lifestyle/magazine/wings-and-prayer>

Then in 2013 Andrena and Tony Catesby visited Saint Peter's and were taken by the window. After their return to Britain, they visited Saffron Waldon and sent us photographs of the church and graveyard where Hodgson is buried.

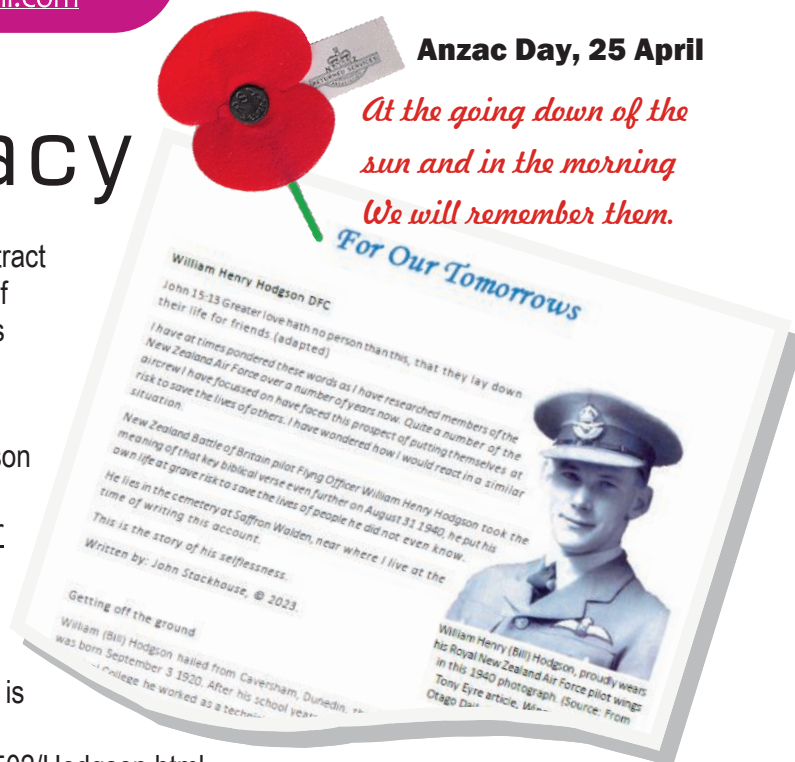
www.stpeterscaversham.org.nz/The_Rock_supplements/1502/Hodgson.html

In 2022, we heard from an Englishman helping to research "a project for TV on Pilot Officer William Henry Hodgson DFC, a native New Zealander, who in 1940 after engaging with the Luftwaffe over London, was hit and piloted his damaged and burning Hurricane aircraft away from an urban area."

Most recently, Mr John Stackhouse, a New Zealander at present living near Saffron Waldon and who has written a number of articles for New Zealand and English magazines on New Zealand history, particularly aviation history, asked for any information we could supply about Hodgson. We passed on what we knew and have been repaid many-fold with a most comprehensive description of William Hodgson's war. It is too long to print in *The Rock*, but is available as an online supplement at www.stpeterscaversham.org.nz/The_Rock_supplements/2304/For_Our_Tomorrows.pdf. 📄

Anzac Day, 25 April

*At the going down of the
sun and in the morning
We will remember them.*





Nutritious

The importance of plant based eating patterns



By Alex Chisholm

There are numerous diets or food patterns recommended for health. Some focus on the area they come from, such as the Mediterranean diet. Others emphasise the foods they recommend or exclude for example Vegetarian, Vegan, Pescatarian (fish but no meat or poultry), Low Fat, or the DASH diet. One feature they all have in common is the importance of plant foods. We often hear about the benefits of 'plant based diets' and that is



PHOTO'S: SUPPLIED.

generally taken to mean diets with large quantities of fruits and vegetables! However, in these times of increasing prices and some shortages due to natural disasters, this could be a real challenge. A recent article recommended we should eat at least 30 different plants a week as part of a plant based diet. This sounds like a really 'big ask'. However, a new way of looking at 'plant based diets' partly depends on considering a wider range of plants.

Included in this line up of plants are vegetables, fruits, wholegrains, legumes, nuts and seeds. Legumes includes chickpeas, butter beans, kidney beans and brown lentils. These are

available as reasonably priced canned items and, added to casseroles, soups (The Rock September 2020) or other dishes, are an easy way to increase plants and fibre which will benefit gut health and help to absorb the nutrients from your food. This in turn supports your immune system, helps reduce inflammation, may lower cholesterol and stabilise blood sugar.

Fibre makes up the structure of the plant so is present in all unprocessed plant foods. Aim for

(Continued on page 6)

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<https://www.mdanderson.org/publications/focused-on-health/5-benefits-of-a-plant-based-diet.h20-1592991.html>
<https://education.nationalgeographic.org/resource/food/>

The importance of plant based eating patterns



(Continued from page 5)

wholegrains where possible. Oats, wheat, barley, brown rice, bulgur, tabbouleh and quinoa (*The Rock* June 2020), whole wheat pasta. Eating plant-based does not mean you can't eat meat. It means your meals are mostly plants. Fill two-thirds of your plate with plant-based foods. The remaining one-third should be a lean protein like chicken or fish, or a plant protein like tofu or beans (see



The Canadian Food Plate (*The Rock* September 2022). Natural unsalted minimally processed nuts and seeds are healthy snacks, as I'm sure those of you who have tried and enjoyed the produce from Uncle Joes Walnuts and Hazelnuts will know. Seeds also have potential as healthy snacks and tasty additions to our meals.

As we do consume only a tiny fraction of the world's edible plants there may be more additions to our plant based eating in future. 🌱

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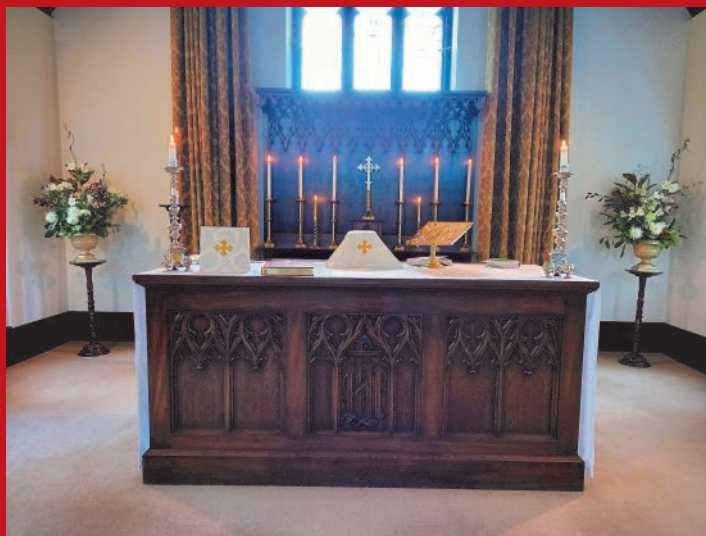
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Images Of Easter



Clockwise from left: The Veneration of the Cross on Good Friday; The Altar of the Lady Chapel set for repose of the sacrament ; Flowers return to the Church for Easter Day; The High Altar ready for the Easter Day Solemn sung Eucharist.

PHOTO'S: JENNIFER MAFFEY.

Regular Services

(for variations consult *The Pebble* or our website)
All services are held in Saint Peter's unless noted otherwise

SUNDAY:

8am: Holy Communion according to the Book of Common Prayer
10.30am: Solemn Sung Eucharist
5pm: 1st and 3rd Sunday of each month: Evensong and Benediction

FIRST AND THIRD MONDAY OF EACH MONTH:

1pm: Holy Communion at Radius Fulton Home

FIRST TUESDAY OF EACH MONTH:

11am: Holy Communion in the lounge of Frances Hodgkins Retirement Village, Fenton Avenue

SECOND AND FOURTH TUESDAY OF EACH MONTH:

11am: Holy Communion
in the chapel of the Home of St Barnabas, Ings Avenue

WEDNESDAY:

9am: Morning Prayer
10.30am Bishop's Companionship Programme
- Studying the Bible, prayer and life in Christ

THURSDAY:

10am: Holy Communion according to the Book of Common Prayer

Special Services

Contact The Vicar to arrange baptisms, weddings, house blessings, burials, confessions and other special services.

Parish Contacts:

VICAR:

The Reverend Natalie Milliken : (03) 455 3961
Vicar@stpeterscaversham.org.nz

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VicarsWarden@stpeterscaversham.org.nz

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'All irregular in the music'



(Continued from page 8)

Queen reflected poorly on the King and his reign suffered accordingly.

Queen Victoria left the Abbey in great pain after her 1837 coronation. The Archbishop of Canterbury, during the five hour service, had forced the coronation ring onto the wrong finger during a ceremony which was poorly rehearsed. Victoria later noted the Archbishop was 'so confused and puzzled and knew nothing'.

At the coronation of Queen Elizabeth II in 1953, much of the long ceremony went well, recorded as it was by cameras and radio. However, the great hymn *All people that on earth do dwell* was an



Ralph Vaughan Williams.

PHOTO.: WIKIPEDIA.

exception. The great British musical

icon of his era, Ralph Vaughan Williams had arranged the music splendidly.

He had, however, returned the tempo and phrasing of the music to what he considered to be a more authentic speed. Thus the fanfares announced the great hymn of praise. The thousands in the Abbey rose as one and the orchestra and choirs sang the music Vaughan Williams' way and the congregation lustily sang it the more fleet way of the countless hymnbooks they were used to.

I still enjoy listening to archival recordings of the occasion. For some reason it all works—but what the conductors present in the Abbey thought, trying to make some sense of the whole cacophony, one can't imagine.

I am sure all will be well at the up-coming service. Never-the-less, I am reminded of what an elderly nun said to me after a choir I conducted concluded a rather 'shaky' vocal offering: 'all the music sounds wonderful when it gets to heaven'. One takes comfort in that!



For your diary

Sunday, 7 May : Red Cross Choir joins the 10.30am Solemn Sung Eucharist

Sunday, 21 May : Deadline for the May edition of *The Rock*.

Saturday, 27 May : Garage Sale. 10am-1pm in the hall

Thursday, 22 June : Movie night with soup and cheese rolls

Saturday, 8 July - High Tea. Time and place to be advised.

'All irregular in the music'

Rock music



By David Hoskins, Director of Music

The Archbishop of Canterbury, William Wake, reflecting on chaotic scenes at George II's coronation in Westminster Abbey on October 11, 1727, noted of Handel's Coronation Anthems, specially composed for the occasion, 'the anthem all in confusion: all irregular in the music'. Handel had written at top speed to fulfil the requirements of the service and this is not something unheard of when civic occasions require music—almost always with tight deadlines. Things went from bad to worse with the choir of the Abbey singing the great anthem, *Zadok the Priest* in the wrong place in the liturgy, having entirely forgotten to sing another anthem earlier in the service!

I was reflecting on this as the coronation of Charles III is nearly upon us. After all, coronations at Westminster Abbey go back 1,000 years so it stands to reason it could not have been smooth sailing each and every time! They have become well-rehearsed and disciplined affairs—a finely tuned machine. Yet amidst the pomp and circumstance things can go disastrously wrong.

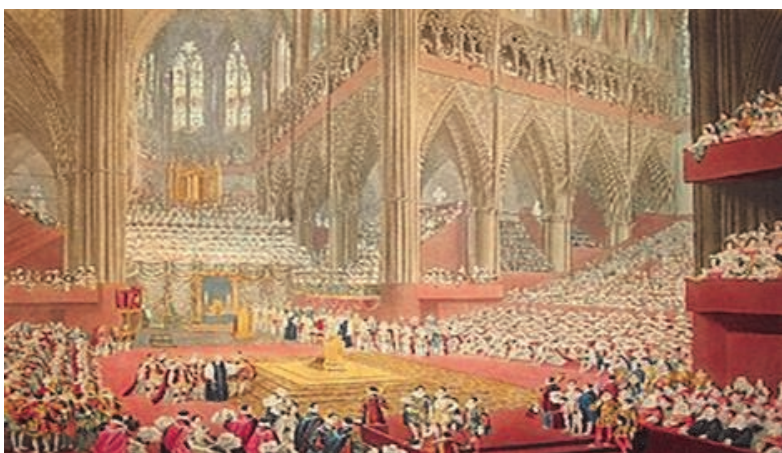
Christmas Day 1066 saw the coronation of William the Conqueror—a meeting of Saxon and Norman culture. However, these were tense times. When those present shouted 'God save the



Westminster Abbey.

PHOTO.: WIKIPEDIA .

King', William's troops outside thought a riot was taking place and promptly burned down buildings in the local area in retaliation.



The Coronation of George IV.

PHOTO.: WIKIPEDIA.

George IV's ceremony attained the levels of soap opera when the King decided to exclude his wife, Caroline, from the service, 'wanting to have nothing to do with her'. Having been forced to marry the German Caroline, in order to clear his own huge debts, his was not a happy marriage. It is said that George arrived at his wedding drunk, refused to live in the same household as

Caroline and attempted to divorce her.

Hostilities had reached such a pitch that George did not want Caroline to be crowned.

All entrances to the Abbey were barred to her during the ceremony and eventually, having loudly tried every one, she left. She died within a month. His affront to such a popular

(Continued on page 7)

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